~~ Proclamation ~~

May is Mental Health Month

WHEREAS, mental health is essential to everyone's overall health and well-being; and

WHEREAS, all Americans experience times of difficulty and stress in their lives; and

WHEREAS, prevention is an effective way to reduce the burden of mental illnesses; and

WHEREAS, there is a strong body of research that support specific tools that all Americans can use to better handle challenges, and protect their health and well-being; and

WHEREAS, mental illnesses are real and prevalent in our nations; and

WHEREAS, with early and effective treatment, those individuals with mental illnesses can recover and lead productive lives; and

WHEREAS, each business, school, government agency, healthcare provider, organization and citizen shares the burden of mental illnesses and has a responsibility to promote mental wellness and support prevention efforts.

THEREFORE, I, Jerri Ann Eddins, Mayor of the City of Cameron, Clinton and DeKalb Counties, Missouri, do hereby proclaim May 2016 as

MENTAL HEALTH MONTH

in Cameron, Missouri.

I also call upon the citizens, public or private, to recommit our community to increasing awareness and understanding of mental health, steps to take to prevent mental health, and the need for appropriate and accessible services for all people.

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Mayor Jerri Ann Eddins

Attest:

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City Clerk/Finance Clerk