Mental Health Month 2017

WHEREAS, mental health is essential to everyone's overall health and well-being; and

WHEREAS, mental illnesses are real and prevalent in our nation, and half of us will have a mental health diagnosis at some point in our lives; and

WHEREAS, all Americans experience times of difficulty and stress in their lives, and should feel comfortable in seeking help and support to manage these times; and

WHEREAS, engaging in prevention, early identification, and early intervention are as effective ways to reduce the burden of mental illnesses as they are to reduce the burden of other chronic conditions; and

WHEREAS, there is a strong body of research that identifies behavioral health risks and supports specific tools that all Americans can use to protect their health and well-being; and

WHEREAS, with effective treatment before Stage 4, all individuals with mental illnesses-even serious mental illnesses –can make progress toward recovery and lead full, productive lives; and

WHEREAS, jails and prisons have often become the default places of custodial care for even nonviolent people with serious mental illnesses; and

WHEREAS, each business, school, government agency, healthcare provider, organization and citizen has a responsibility to promote mental health and well-being for all.

NOW, THEREFORE, BE IT RESOLVED, I, Darlene Breckenridge, Mayor of the City of Cameron, Clinton, DeKalb and Caldwell Counties, Missouri, do hereby, proclaim May 2017 as

Mental Health Month

in Cameron, Missouri. As the Mayor I also call upon the citizens, government agencies, public and private institutions, businesses and schools in the City of Cameron to recommit our community to increasing awareness and understanding of mental health, the steps our citizens can take to protect their mental health, and the need for appropriate and accessible services for all people with mental illnesses at all stages, and especially before stage 4.

_____
Mayor Darlene Breckenridge

ATTEST:_____
City Clerk/Finance Clerk